

Natural Animal & Pet Care - Symptoms Guide & Essential Oils to Use

By KG Stiles



With this symptoms guide profile of eleven (11) pure essential oils you can learn about the wonderful healing powers of essential oils as a complementary treatment for your natural animal and pet care. You'll notice there is some overlap between categories on some of the oils.

Your animal friend can enjoy the delightfully fresh and naturally pleasing scent of pure essential oils known to relieve a wide assortment of common symptoms and ailments.

EACH RECOMMENDED ESSENTIAL OIL has a long history of use and known to be free of any toxic side effects.

A few general uses, include: pet wash, grooming spray, flea and tick prevention and treatment, anti-fungal, horseflies, stress and anxiety, PTSD, muscle rub, skin rash, burns and other skin conditions, stop hair loss and more.

USE SELF SELECTION OF ESSENTIAL OILS with your animals which means to include them in the selection process of the essential oils to use. Pay close attention and listen to how your animal or pet responds to a tiny amount of an essential oil first before using it.

PLEASE NOTE: Your animal friend's olfaction process is similar to humans though much more acute. Animals are SUPER sensitive to smells. As animals have extremely sensitive olfactory senses use them in very low percentages of less than 1% to achieve the results desired.

Remember less is more with essential oils. Only a tiny amount is needed for results. 1-3 drops of an essential oil is equivalent to 1-4 cups of plant matter. You must always dilute essential oils in a carrier of aloe vera, jojoba, light coconut oil (or other preferred carrier) for safe skin application. Compresses are also an effective method for using essential oils. If irritation occurs discontinue use. Do not apply essential oils to nostrils, muzzle, inner ears, near the eyes or genital areas. Keep all essential oils and aromatherapy products out of reach of children and pets.

ANIMAL & PET CARE AROMATHERAPY SYMPTOMS GUIDE

Recommended Essential Oils to Use

ANXIETY, STRESS, GRIEF AND LOSS SUPPORT:



[FRANKINCENSE \(*Boswellia fereana*\)](#)

Keywords: COMFORTS, RELIEVES DISTRESS

Frankincense oil naturally calms the body, mind and emotions by slowing and deepening cellular respiration. Traditionally frankincense oil has been used to calm and comfort the emotions. Use it when needing to promote a centering effect for your animal friend during times of distress like a visit to the vet for a surgical procedure. Frankincense is useful for relieving insecurity and anxiety. Its calming and rejuvenating influence makes it especially helpful for treating post traumatic stress syndrome.

PLEASE NOTE: Frankincense is the essential oil most highly recommended for emotional support and to relieve grief after the loss of an animal friend.

[BUY 5ML FRANKINCENSE - CLICK LINK for product information, price & to purchase 5ml Frankincense pure organic essential oil.](#)



[LAVENDER \(*Lavandula angustifolia*\)](#)

Keyword: SOOTHES, CALMS AND RELAXES.

Apply lavender pure essential oil immediately to burns to prevent blistering, or scarring, as well as to speed healing of wounds as it stimulates cellular repair and regeneration. Lavender oil has been used to help balance moods and calm emotions and may be useful for relieving intense feelings of nervousness, stress, depression, fear, and irritability.

[BUY 5ML LAVENDER CLICK LINK for product information, price & to purchase 5ml Lavender pure organic essential oil.](#)

[BUY 15ML LAVENDER CLICK LINK for product information, price & to purchase 15ml Lavender pure organic essential oil.](#)



[NEROLI \(*Citrus aurantium*\)](#)

Keyword: PEACE AND CALMING.

Neroli resonates with the open nature of the heart's energy and serves to uplift and inspire. Its subtle vibration can produce immediate results in any stressful situation. Soothing and balancing to the mind and emotions neroli oil is helpful for relieving anxiety, depression and shock and is beneficial for treating non-responsive and psychosomatic type illnesses.

[BUY 2.5ML NEROLI CLICK LINK for product information, price & to purchase 2.5ml Neroli pure organic essential oil.](#)



[CHAMOMILE GERMAN \(*Matricaria recutita*\)](#)

Keywords: CALMING, ANTI-INFLAMMATORY

A highly respected oil for over 3,000 years German chamomile is one of the most powerful anti-inflammatory oils in aromatherapy. An analgesic (pain reliever) and an antispasmodic (calms nerves) German chamomile oil stimulates the production of red blood cells and is known to relieve a variety of aches and pains. German chamomile oil is my first choice for treating inflamed, irritated skin conditions. It has a long history of helping skin conditions, such as dermatitis, boils, skin rash, eczema and psoriasis. German chamomile balances sebum production and is useful for both oily and dry hair and scalp conditions, as well as sensitive skin types and often used in skin care for treating burns and cuts. German chamomile essential oil sedative action is known to have a soothing, tranquilizing and calming effect upon the mind and emotions.

[BUY NOW 2.5ML CHAMOMILE GERMAN CLICK LINK for product information, price & to purchase 2.5ml German Chamomile.](#)

ANTI-FUNGAL, ANTI-SEPTIC, INSECT REPELLENT:

Essential oils with a strong medicinal aroma like niaouli are okay for treating fungal issues such as a horse hoof fungal infection. Your horse may not like the strong aroma, however using it with your horse to treat a thrush or fungal issue with the hoof that is far

enough away from their nose so that the aroma is usually not problematic. Dilute your essential oils in aloe vera as your method of application for hoof fungal issues.



[NIAOULI MQV \(*Melaleuca quinquenervia viridiflora*\)](#)

Keywords: POWERFUL ANTISEPTIC, ANTI-FUNGAL

Niaouli essential oil has an undisputed popular reputation for being a main choice of essential oils when treating fungal and bacterial infections and known as a cure all treatment for many chronic and acute bacterial, fungal and viral conditions. Use niaouli as an antiseptic and to eliminate fungal infections, blend with lavender to enhance your results.

[BUY NOW 4OZ NIAOULI CLICK LINK for product information, price & to purchase 4oz Niaouli pure organic essential oil.](#)



[PATCHOULI \(*Pogostemon cablin*\)](#)

Keywords: ANTI-FUNGAL, ANTI-SEPTIC, INSECT REPELLENT

Patchouli oil's properties make it an effective mosquito and insect repellent, as well as useful for the prevention and treatment of fleas and ticks. An excellent skin tonic patchouli oil is often used in synergistic skin care formulas. Patchouli's regulating properties act to tone and strengthen skin cell tissue, as well as regulate oily and combination skin conditions. As patchouli essential oil has antiseptic properties it is also useful for controlling skin infections and outbreaks.

[BUY NOW 5ML PATCHOULI CLICK LINK for product information, price & to purchase 5ml Patchouli pure organic essential oil.](#)

[BUY NOW 15ML PATCHOULI CLICK LINK for product information, price & to purchase 15ml Patchouli pure organic essential oil.](#)



[LEMONGRASS \(*Cymbopogon citratus*\)](#)

Keywords: ANTI-FUNGAL, ASTRINGENT, INSECT REPELLENT.

A powerful astringent lemongrass oil is used to regulate excess oily skin, hair and scalp conditions. Recent research indicates that lemongrass oil has a sedating effect on the central nervous system. It's vaso-dilating, anti-inflammatory, and sedative properties help relieve muscle spasm and promote regeneration and healing of soft tissue. Its strong anti-fungal properties make lemongrass good for treating a wide variety of fungal infections. A natural insect repellent lemongrass oil makes a powerful mosquito and insect repellent, and is useful for preventing and eliminating fleas and ticks from your dogs.

[BUY NOW 15ML LEMONGRASS CLICK LINK for product information, price & to purchase 15ml Lemongrass pure organic essential oil.](#)

INSECT REPELLENT:



[ROSE GERANIUM \(*Pelargonium roseum*\)](#)

Keywords: INSECT REPELLENT, BALANCES.

Rose geranium oil is known to be useful in regulating physical, mental, and emotional imbalances and has a calming and uplifting effect on the emotions and is helpful for relieving depression, nervousness and fear. Research to understand the mechanism for why geranium oil is so effective in promoting balance has been done in Germany where clinical evaluation on the main chemical components found in geranium oil. The results of these studies showed successful treatment nervous system and hormonal imbalance. Rose geranium is also has powerful insecticidal properties and effective for preventing and treating fleas and ticks.

[BUY NOW 2.5ML ROSE GERANIUM CLICK LINK for product information, price & to purchase 2.5ml Rose Geranium pure organic essential oil.](#)

[BUY NOW 5ML ROSE GERANIUM CLICK LINK for product information, price & to purchase 5ml Rose Geranium pure organic essential oil.](#)



[ATLAS CEDARWOOD \(*Cedrus atlantica*\)](#)

Keywords: GROUNDS AND STABILIZES, NATURAL INSECT REPELLENT.

Generally cedarwood oils have a grounding and stabilizing effect to the nervous systems. Long history of use as a natural insect repellent cedarwood oils have traditionally been used to keep moths out of woolen clothing. Use Atlas cedarwood for effective protection against mosquitoes and other insects, including fleas and ticks for your dog. Use Atlas cedarwood oil your favorite dog shampoo (less than 1%) to prevent fleas and to calm your animal friend if they get nervous at bath time. May help stop hair loss, especially if related to stress. Atlas cedarwood is also an excellent for balancing oily skin, hair and scalp conditions, as well as for treating dry skin conditions. Its sedative properties make it useful for relieving rheumatic and arthritic type pains.

[BUY NOW 15ML ATLAS CEDARWOOD CLICK LINK for product information, price & to order 15ml Atlas Cedarwood pure organic essential oil.](#)

TREAT INJURIES, RELIEVE ACHES AND PAINS:



[SWEET MARJORAM \(*Origanum marjorana*\)](#)

Keywords: ANTI-SPASMODIC, PAIN RELIEVER.

A stimulating oil with antispasmodic properties makes sweet marjoram effective as a muscle rub oil, or try it in a compress for treating muscle strains and sprains, and to relieve joint stiffness for your animal friends.

[BUY NOW 5ML SWEET MARJORAM CLICK LINK for product information, price & to purchase 5ml Sweet Marjoram pure organic essential oil.](#)

[BUY NOW 15ML SWEET MARJORAM CLICK LINK for product information, price & to purchase 15ml Sweet Marjoram pure organic essential oil.](#)

IMMUNE STIMULANT:



[THYME \(*Thymus vulgaris* CT. linalool\)](#)

Keywords: POWERFUL IMMUNE STIMULANT,
ANTI-MICROBIAL

A powerful immune stimulant and one of nature's most potent anti-microbials Thyme essential oil's fierce energy gives it the notable ability to support and protect the immune system unequalled by other aromatic oils. An especially potent anti-bacterial agent thyme oil's action to disinfect will destroy staphylococcus bacteria even when diluted 1,000 times!

[BUY NOW 2.5ML THYME CLICK LINK for product information, price & to purchase 2.5ml Thyme pure organic essential oil.](#)



A WORD ABOUT CATS: Please remember to take especial care when using any essential oils around a cat. They simply can't metabolize essential the way dogs, horses and humans do. When diffusing oils for your own use, make very sure that your cat can exit the room if he/she chooses. Do not diffuse essential oils near a fish tank or bird cage. Some hydrosols, floral waters, on the other hand, may be useful for your feline friends (seek guidance from a professional animal aromatherapist).

Aromatherapy is Nature's Medicine in its purest and most essential form. Aromatic oils are the very soul of a plant. Even a drop or two can produce significant results. Properly administered essential oils are a natural, safe and effective way to enhance an animal's health and well-being and may produce satisfying results where other methods have failed. Please consult with your veterinarian regarding serious health concerns and do not attempt to diagnose.



KG STILES is an Integrative Health Care Specialist and Certified Aromatherapist in professional practice since 1980. She is licensed as a massage therapist in Hawaii and Oregon and works privately with clients internationally. KG. is the Director of Health Mastery Systems and PurePlant Essentials organic aromatherapy products and specializes in formulating custom aromatherapy formulas for healthy living. She has developed programs of aromatherapy, energy healing, massage and bodywork for individual clients, the spa industry, resorts, schools, health clubs and medical

centers. KG is a former member of the Complementary Alternative Medicine (CAM) Team at Ashland Community Hospital (ACH). The CAM Team assisted ACH to become an integrated health care system. ACH now includes complementary healing traditions such as aromatherapy and caring touch in its patient centered programs. For several years KG served as the National Association of Holistic Aromatherapy (NAHA) Oregon Director. She is the author of numerous self help books and programs and her articles have appeared in national and international magazines like Massage Therapy Journal, Massage Today, Breast Cancer Wellness Magazine, Aromatherapy Today (Australia) and NAHA Aromatherapy Journal. To learn more please visit: <http://www.kgstiles.com>



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Dedication: In loving memory of Bella (photo image).