

Unlocking the Mystery of Telepathic Animal Communication

By Nancy A. Kaiser

The ability to telepathically communicate with animals is something everyone possesses although few are aware of it. I became aware of my skill in telepathic animal communication at the age of 42 thanks to a Quarter Horse filly foal, who entered my life and in four short months profoundly changed the course of it forever. After spending my entire life surrounded by animals, I was stunned to learn that telepathic communication can be learned. It's not a rare gift only for a chosen few. Each of our brains is physiologically identical allowing all of us access into the world of telepathic communication. So, there is no reason why *you* cannot telepathically communicate with your animals.

Telepathy belongs to the realm of the right brain. There are four methods of reception – clairvoyance (seeing with the third eye), clairaudience (hearing in your head), clairsentience (feeling), and claircognizance (knowing). The key to telepathically communicating with animals is quieting our left brain in order to “hear, feel, and/or see” the telepathic communication with our right brain. Each person receives the telepathic communication in their own way. Personally, I hear the conversation and feel the animal's emotions, personalities, and physical condition, while receiving intuitive knowing.

Meditation is the pathway to a quiet mind. There are many types of meditation. Choose whatever one works best for you. Personally, I began with a color meditation that allowed me to meditate successfully twice daily following my teacher's advice. After many months of using this technique, I changed to using audio tapes of nature sounds without background music, i.e. bird calls, etc. What I found was that after a certain amount of time my left brain would get used to the tapes and errant thoughts arose. Whenever a thought comes, the idea is to not focus on it and allow it to drift away – easier said than done when you're new to meditation.

Here are the steps for the color meditation that enabled me to develop my telepathic animal communication abilities. Just let the images of this visualization come up. Don't think them. Be patient and the images will “appear” in whatever way is perfect for you. It is best to practice meditating for about 15 to 20 minutes twice a day. As with anything, practice makes perfect!

- Visualize yourself seated in a room.
- Above your head visualize the color red.
- Let the color red completely surround and envelope you.

Use whatever image feels comfortable (sitting within a bubble, a pyramid, a sphere, a cube – filled with the color red.)

- Let yourself *feel* the color red.
- Repeat for orange, yellow, green, blue, and purple in that sequence.

When you reach purple focus on one point (the point between your eyebrows is good – simply visualize looking at that point). Stay focused on that one point for about 15 to 20 minutes. When first beginning five or six minutes will seem like forever. Do what feels comfortable slowly lengthening the time as you practice. Thoughts will float through your mind especially in the beginning. Just allow them to pass by without engaging with them.

Coming from a scientific/medical upbringing, I needed to comprehend just how it was possible for a human being to communicate with different species of animals. I speak English and the rudiments of French from my high school and college days. How is it then that I can “speak” dog, cat, horse, deer, hawk, lizard, dolphin, whale, llama, alpaca, mouse, chicken, and parrot? The answer to my question came from physics class. I was taught that energy takes the form of a wave pattern. My thoughts are energy therefore they become a wave pattern as soon as they leave my brain much like radio and television emissions. Thoughts leave my transmitter (my brain) in English and turn into a wave pattern, which is picked up by dogs’, cats’, horses’, etc. receivers (brains) and are turned into their language. The reverse happens, a connection is created, and a telepathic communication occurs. Of course, this is just one pharmacist-turned-animal communicator’s modest opinion.

There are four necessary components required to develop your skills in telepathic animal communication – desire, discipline, trust, and belief.

- *Desire* is definitely number one for it fuels the rest. My intense desire to be able to communicate with animals motivated me to drive into Manhattan weekly for a year in order to work with my teacher, a gifted clairvoyant counselor and psychotherapist even though I had neither the time nor money to do it. It’s amazing how the Universe provided both.

- *Discipline* is a close second to desire. Being disciplined allowed me to practice meditating despite not having any extra time in my day. For me, meditating was the most difficult part. I was a left-brained pharmacist who was managing an equine hospital and breeding farm in New Jersey. My left brain was over-developed and my right brain was akin to cauliflower. However, meditation provided the exercise necessary to rekindle my right brain.

- *Trust* is paramount in becoming proficient in animal communication. I totally trust the animals, which forms the basis of the relationship that results during a telepathic communication. Not only must you trust the animals and yourself, the animals must trust you. Communicating with animals requires a pure heart and good intentions. Feeling these within you, the animals will trust you and willingly communicate.

- *Belief* in what you’re hearing, feeling, seeing, and/or knowing is the last and perhaps hardest piece of the puzzle of telepathic animal communication. I struggled with believing in myself and what I was hearing and feeling. The animals showed me time and time again that I was truly communicating with them. In the beginning, this skeptical pharmacist required lots of physical proof, and the animals provided it. I don’t need it anymore although it’s always there.

While everyone has the ability to telepathically communicate with animals, for some such as myself, it is deeply involved with our life’s purpose. Magically, the spiritual beings I work with connect me to exactly the animal(s) that my clients have contacted me to communicate with. I rarely see the animals I communicate with, so I rely on the trust and belief I have in my spiritual helpers to always connect me with the proper animal. After 20 years of animal communication consultations, I’ve never had a client tell me they didn’t think I was communicating with their pet. In fact, I’ve had many skeptical people become instant believers after I’ve described their pet’s personality and how he/she feels to me.

Just like anything else in life, learning to communicate with your animal takes practice. Just sit quietly with them; think a question; see what you hear, feel, see, and/or know in response. Don't judge what comes back. Simply believe it and thank them. All those conversations I'd had throughout my life that I thought were imaginary fantasy apparently weren't. I'm no better than you; just different, because my life's purpose is to heal the human-animal bond. Remember – desire, discipline, trust, and belief. Happy Communicating!

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